TRAVEL CHECKLIST

ALL DETAILS FROM A – Z

With our travel checklist, nothing will stand in the way of your next active holiday.

DOCUMENT	PACKED?	NOTES
Valid Passport or I.D	☐	
Driving Licence	☐	
Cash	☐	
Bank card, credit card	☐	
E-card/overseas health insurance	☐	
Mobile phone (with battery charged)	☐	
Vaccination passport	☐	
Travel insurance documents	☐	
Travel documents already received	☐	
Guidebook	☐	
Flight ticket/train ticket (if required)	☐	

CLOTHING/SHOES	PACKED?	NOTES
Long/short sports trousers	☐	
Sports top (long-sleeved/short-sleeved)	☐	
Sports base layers	☐	
Neck scarf (if required)	☐	
Headband	☐	
Hat or cap (sun protection)	☐	
Jacket/wind breaker	☐	
Rain clothes	☐	
Warm clothing e.g. jumper/fleece jumper or jacket	☐	
Casual clothing for the evenings	☐	
Swimming costume/trunks	☐	
Socks/sports socks	☐	

Sports shoes: Hiking shoes with a sturdy sole, mountain boots (depending on the difficulty level of the hike) or sports shoes for cycling	☐	
Leisure shoes	☐	
Flip-Flops/sandals	☐	

SPORTS EQUIPMENT	PACKED?	NOTES
Backpack for daily luggage	☐	
Possibly hiking poles (adjustable)	☐	
Possibly puncture repair kit for the bike	☐	

OTHER	PACKED?	NOTES
Sunglasses/glasses	☐	
Earphones	☐	
Laptop/tablet	☐	
Hygiene and care products	☐	
Plasters/blister plasters	☐	
Nail care (nail scissors/nail file)	☐	
Mosquito repellent/insect repellent	☐	
Sun cream	☐	
Medication and a small first aid kit	☐	
Earplugs	☐	
Hand disinfectant	☐	
Glasses cleaner	☐	
Face masks/FFP2-Masks	☐	
Camera	☐	
Charging cable/mobile phone charger	☐	
Possibly travel wash	☐	
Handkerchiefs	☐	
Refillable water bottle	☐	
Book	☐	
Chewing gum/sweets	☐	
Snacks: e.g. dried fruit, energy bars	☐	