



★★★★★ (67)

## *From Meran to Lake Garda*

SOUTH TYROL, BRENTA-DOLOMITES & TRENINO.

Starting in the famous spa town Meran you walk through vineyards and orchards, past historic castles and sparkling tarns and visit idyllic places with some of the most wonderful views. All of the mountains of South Tyrol and Trentino are incredibly fascinating! They offer views of turquoise lakes, enormous plateaus, deep river valleys and canyons. The rugged peaks of the Dolomites accompany you on your way, giving you an excellent feel for the fascinating alpine world of the lonely and steep rugged giants. In Trentino you discover mountain villages with winding narrow streets and idyllic stone houses before you reach your final destination, lake Garda. In the middle of high cliffs, enclosed by olive orchards, cypresses and fig trees you feel the Mediterranean flair. Cappuccino and Gelato at the banks of the dark blue lake – 'La vita é bella!'

- Get all information and many more tour tips for our [hiking tours on Lake Garda](#), our [hiking tours in South Tyrol](#) and our hiking tours in the [Italian Alps](#).
- All facts and details about [hiking in the Alps](#) at a glance.

### *Mountain Hiking*



8 Days / 7 Nights



Self-guided Tour

To the online version



# Itinerary

DAY  
1

## *Arrival in Meran*

Enjoy the Mediterranean flair in this wonderful and cultural town in the heart of South Tyrol. Wander around the charming arcades or follow in the footsteps of Empress Sissi along the 'Passer' esplanade.

Hotel example: [Flora](#)

DAY  
2

## *From Meran to Nals*

Along the Waal paths you venture through apple plantations before arriving at an impressive waterfall. Soon your trail leads you through the hills of the chestnut place Tisens and up to the historic little church of St. Christoph. After hiking through a beautiful woodland with fantastic views deep into the Etsch valley you reach Nals, an idyllic little village in the middle of apple orchards and vineyards.

Hotel example: [Traubenheim](#)



approx. 5 to 6 hours



20 km



560 m



550 m

DAY  
3

## *From Nals to Kaltern/Kalterer Lake*

Today you can look forward to a fascinating hike on the trail of castles. On interesting and steep roads you walk from fortress to fortress where you can admire diverse historic architecture. In the afternoon you wander through the region of 'holes in the ice', a natural phenomenon which gives you the chance to discover icicles in midsummer. Past the tower of St. George and many more vineyards, you will soon reach Lake Kaltern.

Hotel example: [Tannhof](#)



approx. 5 to 5.5 hours



18 km



710 m



600 m

DAY  
4

## *From Kaltern/Kalterer Lake to Coredo*

In the morning you travel to the Mendelpass (saddle of Mendel) by train. Enjoy the phenomenal view before you continue your comfortable walk over the plateau towards Nonstal, the language and provincial border. Into amazing canyons and through idyllic small villages to the pilgrimage site of Saint Romedio and past two small sparkling lakes, you will soon reach Coredo. Here you can enjoy the Italian comfort in the middle of Trentino.

Hotel example: [Miraval](#)



approx. 4.5 to 5 hours



17 km



200 m



700 m

DAY  
5

## *From Coredo to Molveno*

After a short transfer you can admire the impressive landscape of the Nonstal, before you begin your walk along the 'Way of St. James', up to the airy high plain of the Paganella. The path leads through wide woodland areas up to Cavedago with its famous triple-arched bridge. Further on across the wetland of a karst lake towards Andalo and then on to the village of Molveno, situated at the foot of the Brenta-Dolomites and the same-named mountain lake with its turquoise water.

Hotel example: [Londra](#)



approx. 4.5 to 5.5 hours



15 km



700 m



400 m

DAY  
6

## *Round Tour Brenta-Dolomites*

Enjoy the fascinating alpine world of the tall peaks of the Brenta group! You ascend into the mountain area of the Pradel by cable car and you discover one of its most beautiful hiking routes. Stop at a Rifugio (mountain hut) and enjoy a typical Italian snack as well as the impressive view of the surrounding mountain tops, before you slowly descend to the crystal clear, green tarn Lago Nembia.

Hotel example: [Londra](#)



approx. 3 to 5 hours (depending on chosen route)



15 km



390 m



900 m

DAY  
7

## *From Molveno to Riva del Garda*

At the end of your hiking week you walk through the untouched meadows of the valley of Lomason. After that you climb up to Rifugio Monte San Pietro, where you are presented with a stunning view of Lake Garda. Walk down through winding streets and archways, past stonewalls to the castle of Tenno. On the last few kilometres of your tour you walk through olive groves and Mediterranean cypress vegetation until you reach the goal of your hiking week, the banks of Lake Garda.

Hotel example: [Antico Borgo](#)



approx. 3 to 4 hours



10 km



400 m



800 m

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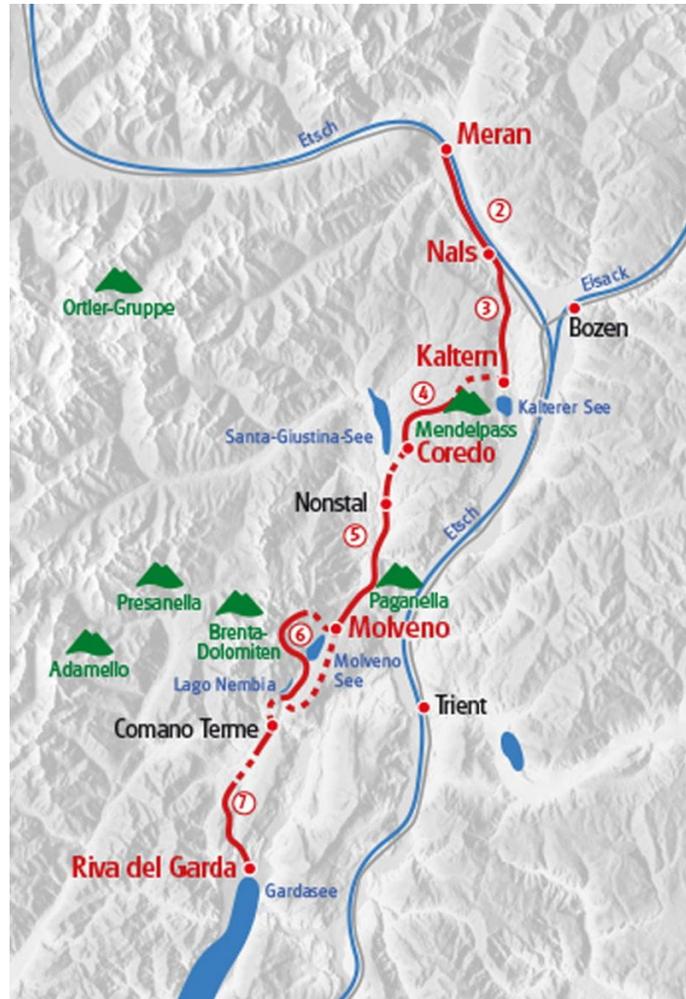
DAY  
8

## *Departure or extra days*

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# Tour character

You will mainly walk on well maintained walking paths, often on the Waal paths which are ancient water systems. In some sections you will be walking on forest trails and steep paths. We recommend a good basic fitness level for walking days of 3 up to 6 hours as well as for longer ascents. Easier alternatives of the daily sections are possible by bus. A varied walking tour for lovers of promising trails.



# Prices and events

*Place of arrival: Meran*

	<b>Season 1</b> 08.05.2021 - 23.05.2021   27.09.2021 - 09.10.2021   Arrival Saturday, Sunday, Monday, Tuesday, Wednesday, Thursday	<b>Season 2</b> 24.05.2021 - 13.06.2021   06.09.2021 - 26.09.2021   Arrival Saturday, Sunday, Monday, Tuesday, Wednesday, Thursday	<b>Season 3</b> 14.06.2021 - 05.09.2021   Arrival Saturday, Sunday, Monday, Tuesday, Wednesday, Thursday
<b>From Meran to Lake Garda, 8 days, IT-SJWMG-08A</b>			
Base price	75900	82900	87900
Surcharge half board evening meal 6x (mostly multi-course, sometimes outside the property, payable with voucher)	15900	15900	15900
Surcharge single room	17900	17900	17900

Category: beautiful 3\*\*\*-hotels and country hotels (partly with pool)

# Additional nights

*Place of arrival: Meran*

	<b>Season 1</b> May 8, 2021 - May 23, 2021   Sep 27, 2021 - Oct 9, 2021   Arrival Saturday, Sunday, Monday, Tuesday, Wednesday, Thursday	<b>Season 2</b> May 24, 2021 - Jun 13, 2021   Sep 6, 2021 - Sep 26, 2021   Arrival Saturday, Sunday, Monday, Tuesday, Wednesday, Thursday	<b>Season 3</b> Jun 14, 2021 - Sep 5, 2021   Arrival Saturday, Sunday, Monday, Tuesday, Wednesday, Thursday
<b>Meran</b>			
Double room p. P.	7900	7900	7900
Surcharge single room	1900	1900	1900
<b>Riva del Garda</b>			

	<b>Season 1</b> May 8, 2021 - May 23, 2021   Sep 27, 2021 - Oct 9, 2021   Arrival Saturday, Sunday, Monday, Tuesday, Wednesday, Thursday	<b>Season 2</b> May 24, 2021 - Jun 13, 2021   Sep 6, 2021 - Sep 26, 2021   Arrival Saturday, Sunday, Monday, Tuesday, Wednesday, Thursday	<b>Season 3</b> Jun 14, 2021 - Sep 5, 2021   Arrival Saturday, Sunday, Monday, Tuesday, Wednesday, Thursday
Double room p. P.	69.00	69.00	89.00
Surcharge single room	29.00	29.00	29.00

Prices per person in EUR

# Services and infos

## Services

### Included:

- 7 overnight stays as stated, breakfast included
- Luggage transfer
- Welcome briefing (German, English)
- Mendelpass mountain railway
- Transfers according to program
- Ascent fare cable car Pradel-Molveno (only during summer season, otherwise short walk)
- Carefully elaborated route description
- Detailed travel and tour documents 1x per room (German, English, French)
- GPS-data is available
- Service hotline

### Optional extras:

- If half board: min. 3-course evening meal (6x, not in Riva. Sometimes outside the property, payable with voucher)
- Organised transfer from Riva to Meran available, cost EUR 59 per person, EUR 19 per dog (transfer Sat/Sun/Mon, morning and Tue (occasionally), afternoon). Booking in advance required, payable on-site.

## Infos

### Arrival / Parking / Departure:

- By train to Meran.
- Parking: Limited number of free hotel parking spaces or limited car parks near the hotels, approx. EUR 30 per week. Basement car park (limited number of spaces) approx. EUR 12 per day, payable on-site, no reservation required.
- Return journey from Riva to Rovereto ([www.ttesercizio.it](http://www.ttesercizio.it)) by bus and then by train via Bozen to Meran, approx. 3 hours.

### Things to note:

- Tourist tax, if due is not included in the price
- Bus fare Lago Nembia to Molveno, approx. EUR 3 per person
- Special dates on request
- Further important information according to the package travel law can be found [here!](#)

## Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



**Isabella Strasser, Travel specialist**

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**Book now**

