



★★★★★ (18)

Alentejo – Rota Vicentina

WILD ATLANTIC COAST & RURAL SPLENDOUR.

In the Portuguese region of Alentejo on the Atlantic coast, extensive nature reserves and traditional villages will delight. The beautiful hiking destination is also popular for its bright sandy beaches and natural coastal landscapes. Alentejo is also home to some wonderful plant biodiversity. Listen to the song of the birds in the cork oak forests, breathe in the scent of the herbs and enjoy the music of the sea.

Details of the hiking tour in Alentejo

Start your trip off with a walk through the historic centre of Vila Nova de Milfontes. The leisurely walking tour that follows takes you along the enchanting Atlantic coast and is a special treat. On your journey you will pass romantic fishing villages, fragrant pine forests and artfully shaped cliffs. The beaches in Alteirinhos, Carvalhals, Machados and Amálias invite you to cool off in the glistening Atlantic Ocean. Experience the captivating view of the beach of Odeciexe from one of the hilltops on the way to São Teotónio. Then continue on to Odermira before reaching São Luís.

Highlights of the hiking tour through Alentejo:

- **Vila Nova de Milfontes:** The historic city is a magical attraction for history buffs.
- **Beside the seaside to the rural idyll:** Not only discover the Atlantic Coast, also explore inland in the Alentejo region.
- **Ribeira do Torgal:** Where lush mixed forests line the riverbanks, you have a unique view of the natural beauty of the Alentejo region.
- **National Park Costa Alentejana:** Take in landscapes that can only be found in picture books!

Useful information about the hiking tour at the Rota Vicentina

The eight-day hike covers four and a half to seven and a half hours daily. It leads from the coastal town of Vila Nova de Milfontes then inland to São Luís. During the daily stages you will cover between 15 and 20 kilometres each day. Despite the lack of hills, participants should have a relatively good level of fitness.

Are you already packing your case ready to hike through Alentejo? Perfect - book your individual hiking tour in Portugal now!

Walking



8 Days / 7 Nights



Self-guided Tour



Minimum of participants: 2 persons

To the online version



Itinerary

DAY
1

Arrival in Vila Nova de Milfontes

The little coastal town is well-known for its fabulous beaches and the historic town centre.

DAY
2

Vila Nova de Milfontes – Almogrove

At the start of your walking holiday you enjoy stunning views over Vila Nova de Milfontes and the river Mira, which flows into the sea in this area. Today's tour is perfect for getting started and allows you to enjoy the marvellous scenery to the fullest.



approx. 4.5 to 5 hours



15 km



90 m



120 m

DAY
3

Almogrove – Zambujeira do Mar

Little fishing villages, reddish sand dunes, fragrant pine forests and over 20 bird species nesting in the furrowed cliffs turn this walking tour into an experience for all the senses.



approx. 6 to 7 hours



21 km



200 m



190 m

DAY
4

Zambujeira do Mar – Odeceixe

You proceed on a fisher's trail along the beaches of Alteirinhos, Carvalhal, Machados and Amália. En route to Azenha do Mar you come across a natural fishing harbour. From the Ponta em Branco ('white summit') you enjoy an impressive view onto the beach of Odeceixe and the river Seixe.



approx. 6 hours



18 km







260 m



280 m

DAY
5*Odeceixe – São Teotónio*

On lonely footpaths in the midst of a diverse vegetation, you hike through deep valleys and then uphill over rolling hills, enjoying the view of Odeceixe and the sea. Today you stay in a beautiful country house not far from the traditional Alentejano town of São Teotónio, which invites you to relax after an eventful day of hiking.

 approx. 6 to 6.5 hours  17 km  400 m  250 m





DAY
6*São Teotónio – Odemira*

One of the best walkable section of the Rota Vicentina awaits. Gentle ascents and descents along the rivers São Teotónio and Mira, where you discover the beauty of the hinterland between the hills and the sea before you reach Odemira, the administration centre of the region.

 approx. 6 hours  19 km  170 m  340 m

DAY
7*Odemira – São Luis*

As a finale to your walking holiday you come across lots of water: refreshing water in the streams and ponds – a special highlight is Ribeira do Torgal – where forests with precious tree species such as ash, willow and alder line the banks of rivers and streams.

 approx. 7.5 hours  25 km  440 m  270 m

DAY
8*Departure or extra days*

Tour character

You need a good basic fitness level for the daily tours of between 15 and 25 kilometres maximum with only minor changes in altitude. The route leads you along walking paths and sandy trails along cliff coasts and through untouched nature in Costa Alentejana Nature Park.



Prices and events

Place of arrival: Vila Nova de Milfontes

Season 1

01.02.2023 - 31.03.2023 | 16.04.2023 - 14.05.2023 |
01.10.2023 - 30.11.2023 |

Arrival daily

Season 2

01.04.2023 - 15.04.2023 | 15.05.2023 - 30.06.2023 |
11.09.2023 - 30.09.2023 |

Arrival daily

Alentejo – Rota Vicentina, 8 days, PO-PMWVS-08X

Base price	569.00	599.00
Single traveller surcharge	125.00	125.00
Surcharge single room	229.00	269.00

Category: traditional, family-run hotels and inns (partly with swimming pool)

You can book extra nights for any day of your tour. Prices upon request!

Prices per person in EUR

Services and infos

Services

Included:

- Accomodation as already mentioned
- Breakfast
- 6 Lunch packages
- Luggage transfer
- Welcome briefing (German, English)
- Carefully elaborated route description
- Detailed travel documents 1x per room (German, English)
- Service hotline

Infos

Arrival / Departure:

- Lisbon or Faro Airport, from there to the train station and bus terminal.
- Arrival by train to Lisbon (Sete Rios) and by bus in approx. 3 hours to Vila Nova de Milfontes (www.rede-expressos.pt). Or by train (www.cp.pt) from Lisbon (Oriente) in approx. 2 hours, or from Faro in 1.5 hours to Funcheira (Garvão). From there by taxi in approx. 45 minutes to Vila Nova de Milfontes, approx. EUR 50 per fare.
- Return journey by bus from São Luis in approx. 3 hours to Lisbon. Or by taxi in approx. 45 minutes to Funcheira (Garvão) and by train to Lisbon or Faro.
- Return journey from São Luis to Vila Nova de Milfontes by taxi, approx. 30 minutes, approx. EUR 20 per fare.

Things to note:


- Tourist tax, if due, is not included in the price
- Further important information according to the package travel law can be found [here!](#)


Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



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Book now

