



★★★★★ (14)

Dolomite Alps – Nature park walking tour

WALKING IN THE UNESCO WORLD HERITAGE.

Idyllic mountain lakes, great Alps, green forests and the legendary Dolomites are accompanying you during your walking week through three nature parks. You discover Sexten, the valley of mountain climbers and mountain guides and of course you have to do a detour to the “Drei Zinnen”. At the beginning Lake Pragser Wildsee welcomes you, in its crystal-clear water the face of mountain Seekofel is reflected. The loop tour around those well-known mountains offers a fascinating view onto the Sextner mountain range. Highlight is the view from Cortina, the pearl of the Dolomites, over some imposing peaks as the Cristallo group, the Tofane and the Fanes group.

- Get all information and many more tour tips for our [hiking tours in South Tyrol](#) and our [hiking tours in the Italian Alps](#).
- All facts and details about [hiking in the Alps](#) at a glance.

Walking



7 Days / 6 Nights



Self-guided Tour



Minimum number of participants: 2 persons

To the online version



Itinerary

DAY

1

Arrival in Niederdorf/Toblach

DAY

2

Niederdorf/Toblach – Plätzwiese

Transfer to idyllic Lake Pragser Wildsee which is bewitching visitors with its crystal-clear water. There you will get a first impression of the Pragser valley, which is with its dark forests and white rock walls one of the pearls in the Dolomites. Via the plateau to alp Rossalm and down to Bückeke. Far away you can see Monte Cristallo, the Tofane and the famous Tre Cime di Lavaredo. After a short bus ride you reach plateau Plätzwiese.



approx. 5 to 6 hours



12 km



800 m



800 m

DAY

3

Loop tour Dürrenstein/Strudelkopf

Plateau Plätzwiese in nature park „Fanes Sennes Prags“, the biggest nature park in the Dolomites, appeals with its unique flora and wild lakes its visitors in a special way. Your walk leads you either way to Dürrenstein or to Strudelkopf, where you will have a fantastic view onto the surrounding mountains.



approx. 3 to 5 hours



9 km



350 m (Strudelkopf) 800 m (Dürrenstein)



350 m (Strudelkopf) 800 m (Dürrenstein)

DAY

4

Plätzwiese – Cortina d'Ampezzo

You walk through plateau Plätzwiese and valley Knappenfusstal down to the Gemärk, the boarder between South Tyrol and the province Belluno. From there you go by public transport directly to Cortina d'Ampezzo or you choose to walk the slightly longer variant to hut Ra Stua, and below the Col Rosa to the former Olympic city. Option to shorten the route.



approx. 8 hours



25 km



650 m







1.430 m

DAY
5

Round trip Cortina d'Ampezzo





The panorama of this stage will simply blow you away! Introducing the mighty rock giants of the Ampezzan Dolomites, the Cristallo-group, the Tofane and the Fanes-group - the leads of this spectacle. There are two routes to choose from: one leads to Forcella Faloria and the second one along the Dolomieu Panoramic-Trail. Both options lead you towards the ‚Passo Tre Croci‘ and finally back to Cortina.

 approx. 3 to 5 hours  11 to 15 km
 300 m (Forcella) 80 m (Dolomieu)  1.180 m (Forcella) 980 m (Dolomieu)

DAY
6

Cortina d'Ampezzo – Niederdorf/Toblach

A transfer takes you right at the beginning to the Auronzo Hut, situated directly under the world-famous rock massif of the Three Peaks. From here you hike comfortably down via the Rienztal valley to the Three Peaks view and then take the bus back to the starting point of your hiking tour in Villabassa/Toblach. Optionally, you can hike around the Three Peaks and then take the bus from the Rifugio Auronzo back to Villabassa/Toblach.

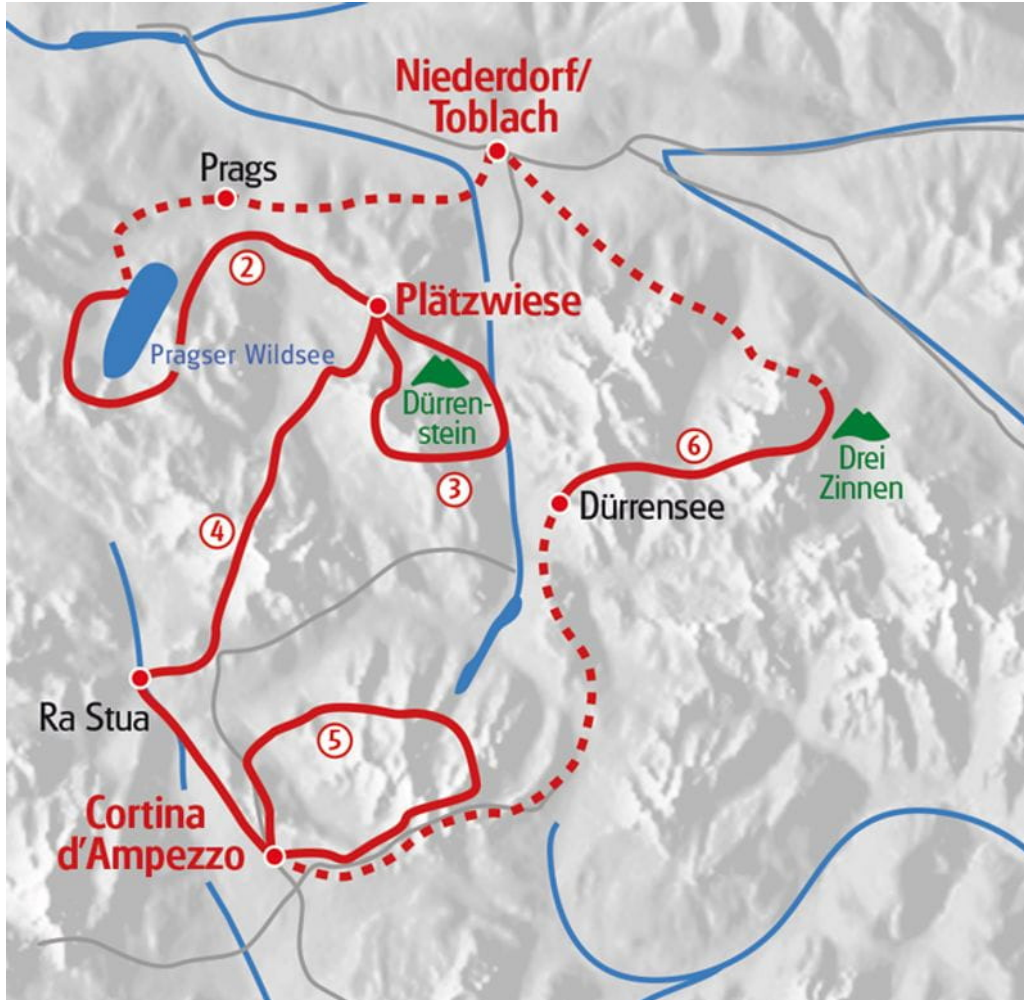
 approx. 3 to 5 hours  9 to 11 km
 1.000 m (Rienztal) 350 m (Drei-Zinnen)  100 m (Rienztal) 350 m (Drei-Zinnen)

DAY
7

Departure or extension

Characteristics of the route

The walking route leads along sign-posted mountain- and walking paths. Special experience is not necessary. A good basic fitness level is required to make sure that you can enjoy those ridgeways. For most of the walks there is a daily choice between a shorter and a longer route.



Prices and events

Place of arrival: Niederdorf/Toblach

Season 1

11.06.2022 - 12.07.2022 | 11.09.2022 - 18.09.2022 |
Arrival daily (except Tuesday and Thursday)

Season 2

13.07.2022 - 01.08.2022 | 20.08.2022 - 10.09.2022 |
Arrival daily (except Tuesday and Thursday)

Dolomite Alps – Nature park walking tour, 7 days, IT-SJWNI-07X		
Base price	72900	78900
Surcharge half board 4x	10900	10900
Surcharge single room	16900	16900

Category: lovely 3***- and partly 4****-hotels

Additional nights

Place of arrival: Niederdorf/Toblach

Season 1

Jun 11, 2022 - Jul 12, 2022 |
Sep 11, 2022 - Sep 18, 2022 |
Arrival daily (except Tuesday and Thursday)

Season 2

Jul 13, 2022 - Aug 1, 2022 |
Aug 20, 2022 - Sep 10, 2022 |
Arrival daily (except Tuesday and Thursday)

Niederdorf/Toblach		
Double room	5900	7900
Surcharge single room	1700	1700

Prices per person in EUR

Services and infos

Services

Included:

- Accommodation as stated
- Breakfast
- Luggage transfer
- Welcome briefing (German, English)
- Transfers, train and bus rides according to the program
- 1 Ascent fare cable car Faloria
- Carefully elaborated route description
- Detailed travel documents 1x per room (German, English)
- GPS-data available
- Service hotline

Optional extras:

- If half board dinner (mostly multi-course menu, 4x, not in Cortina)
- Organised airport transfer from Treviso or Venice bookable on request

Infos

Arrival / Parking / Departure:

- By train to Niederdorf/Toblach via Innsbruck.
- Airport Venice or Treviso. Onward journey by bus to Niederdorf/Toblach
- Parking in Niederdorf/Toblach: free, unguarded, public parking spaces.

Things to note:



- Tourist tax, if due, is not included in the price
- Optional bus rides on day 6 from Rifugio Auronzo to Niederdorf/Toblach, approx EUR 16 per person.
- Special dates for groups of min. 5 persons on request!
- Further important information according to the package travel law can be found [here!](#)

Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



Verena Winkler, Travel specialist

 +43 6219 60877 171
 v.winkler@eurohike.at

Book now

