



★★★★★ (10)

Salzalpensteig – Hiking Trail 1

ON ANCIENT SALT PATHS FROM LAKE CHIEMSEE TO LAKE KÖNIGSSEE.

The long hike from Chiemsee to Königssee offers a varied landscape. Lovely shores are followed by historic salt mines and the steep edged mountain walls of the Chiemgau Alps and the Steinerne Meer. On this hike you'll find green-blue mountain lakes, scenic nature reserves and lots to learn about the white gold.

Details about the long hike on the Salzalpensteig 1

Typical Bavarian farms and a quiet nature reserve kick off your hike on the Chiemsee. A valley trail takes you to the famous resort of Winkl, from where you can hike past the Biathlon Arena in Ruhpolding. With a little luck, you can watch the roll ski training there. The brine pipeline trail finally brings you to Schönau and the green Königssee. Your constant companions along the entire route: panoramic views and thundering waterfalls.

Highlights of the Salzalpensteig 1:

- **Crystal clear mountain lake:** The ascent to Taubensee is definitely worth it when you lay eyes on the wonderful green-blue oasis. Cool off your tired feet in the soothing water.
- **Time to breathe:** In the health resort of Inzell. Enjoy the typical Bavarian flair and treat yourself to a beer.
- **Rupertus Therme:** Time to put your feet up. Tired muscles need to relax, and the best way to do so is in the comforting warm brine found here.

Useful information about this long distance trip:

Mountain Hiking



8 Days / 7 Nights



Self-guided Tour

To the online version



Itinerary

DAY
1

Arrival to Lake Chiemsee

Hotel example: [Bayerischer Hof](#)

DAY
2

Prien/Environs - Marquartstein

The tour starts with a comfortable walk along the incredibly picturesque lakeside of Lake Chiemsee, through tranquil nature reserves near the reed belt. You encounter a charming landscape with little forest paths and typical Bavarian farm houses dotted around on your route to Marquartstein.

Hotel example: [Gabriele](#)



approx. 5 to 6 hours



21 km



490 m



470 m

DAY
3

Marquartstein – Bergen

Today prepare for an idyllic alpine pasture tour. After the ascent to the Schnappenkirchlein, where you have the best views of Lake Chiemsee, there are numerous alps inviting you for a break. The route continues past grazing cattle with views to steep summit flanks, then through lush meadows and shady forests into the well-known holiday resort Bergen.

Hotel example: [Salzburger Hof](#)



approx. 5 to 6 hours



17 km



800 m



700 m

DAY
4

Bergen – Ruhpolding

A breezy cable car ride will take you to Hochfelln, where you will visit the Taborkircherl and the impressive summit cross and enjoy a fantastic view of the Central Alps. About pastures and forest roads, it goes down into the mystical fairy tale forest. Soon after you reach Ruhpolding, the popular resort in the middle of the Chiemgau Alps.

Hotel example: [Wittelsbach](#)



approx. 4 to 5 hours



14 km



150 m



1.100 m

DAY
5*Ruhpolding – Inzell*

Along the river Ache to Lake Taubensee and from there a cable car ascent onto the Rauschberg with magnificent panoramic views. The descent leads via alpine pastures and past steep rockfaces, before you walk on forest and rural trails all the way to the climatic health resort Inzell. The typical Bavarian flair and the views onto the surrounding summits are best enjoyed with a cool ‚Maß‘(1 litre) of beer in your hand.

Hotel example: [Alpinhotel Inzeller](#)



approx. 4 to 5,5 hours



18 km



110 m



990 m

DAY
6*Inzell – Bad Reichenhall*

Walk along the path of the brine pipelines and through the idyllic Höllenbachalm, where you can taste fresh dairy products from the own grazing cattle. The Salt Path leads you above the cute little mountain lake Thumsee, along forest paths with a view onto Bad Reichenhall. Past the Old Saltworks you reach this beautiful salt health resort, where the Rupertus-Thermal spa invites your muscles to some relaxation time.

Hotel example: [Almrausch](#)



approx. 5 to 5,5 hours



20 km



400 m



600 m

DAY
7*Bad Reichenhall – Lake Königssee*

Short train ride and then ascent to a glorious and remote forest area. High-altitude paths with incredible panoramic views lead you along the mountainside with the ‚Steinerne Meer‘ mountain range and the two summits Watzmann and Hochkönig in front of you. Then a short section along the brine pipeline path, before you ascend through the forest to the Grünstein mountain. Glistening deep down below you is lake Königssee, green in colour, with boat houses and little boats, set amidst the national park Berchtesgaden and is the picturesque finish of your hiking holiday.

Hotel example: [Brandtnerhof](#)



approx. 5 to 6 hours



17 km



1.100 m

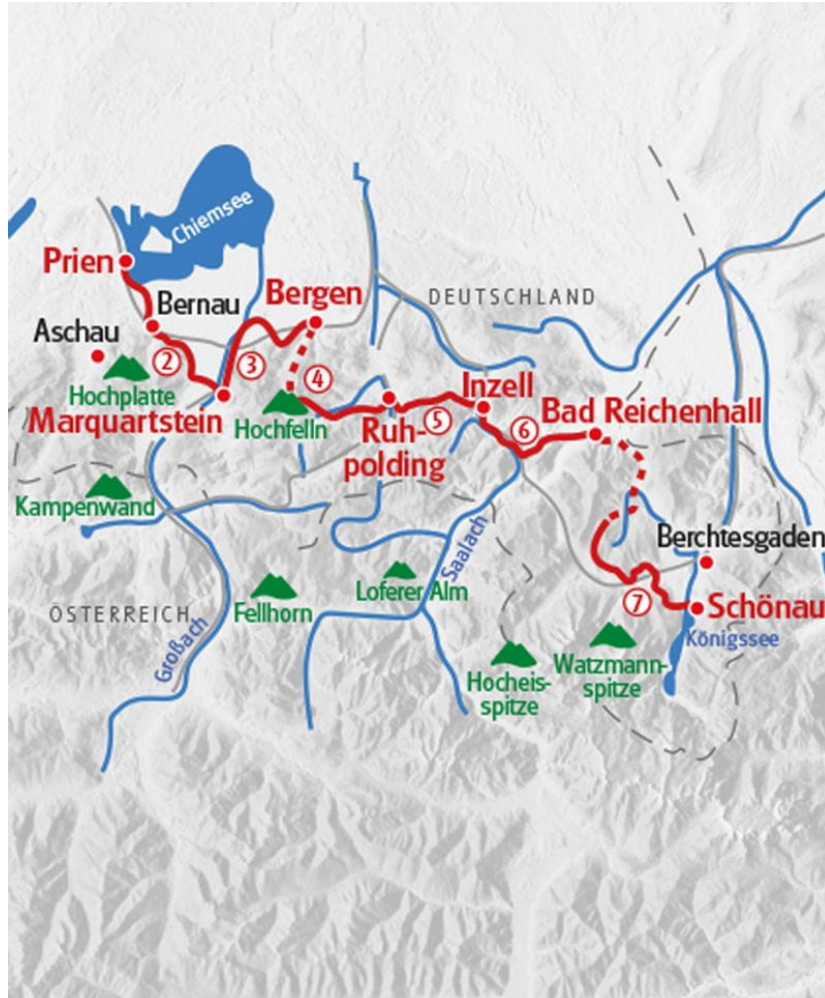


1.110 m

DAY
8*Departure or extension*

Tour character

A week rich in variety with hiking tours along the old salt paths with a duration each of up to 6 hours. On some days surefootedness and a head for heights are required. You walk across picturesque mountain scenery with views onto steep, jagged peaks, two marvellous lakes, gushing mountain streams and gorges.



Prices and events

Place of arrival: Prien/Environs

	Season 1 29.05.2021 - 13.06.2021 13.09.2021 - 03.10.2021 Arrival Saturday, Sunday	Season 2 14.06.2021 - 04.07.2021 30.08.2021 - 12.09.2021 Arrival Saturday, Sunday	Season 3 05.07.2021 - 29.08.2021 Arrival Saturday, Sunday
Salzalpensteig – Hiking Trail 1, 8 days, DE-KSWCK-08X			
Base price	64900	69900	75900
Surcharge single room	12900	12900	12900

Category: 3*** hotels and country hotels

Additional nights

Place of arrival: Prien/Environs

	Season 1 May 29, 2021 - Jun 13, 2021 Sep 13, 2021 - Oct 3, 2021 Arrival Saturday, Sunday	Season 2 Jun 14, 2021 - Jul 4, 2021 Aug 30, 2021 - Sep 12, 2021 Arrival Saturday, Sunday	Season 3 Jul 5, 2021 - Aug 29, 2021 Arrival Saturday, Sunday
Prien/Environs			
Double room p. P.	6900	7500	7500
Surcharge single room	2900	2900	2900
Schönau/Lake Königssee			
Double room p. P.	7900	7900	8500
Surcharge single room	2500	2500	2500

Prices per person in EUR

Services and infos

Services

Included:

- 7 overnight stays as stated, breakfast included
- Luggage transfer
- Welcome briefing (German, English)
- Cable car ascent Hochfelln
- Cable car ascent Rauschberg
- Ruhpolding-Card with countless services included
- Entry old salt works in Bad Reichenhall
- Carefully elaborated route description
- GPS-data is available
- Detailed travel and tour documents 1x per room (German, English)
- Service-Hotline

Optional extras:

- Organized return transfer to Prien, cost EUR 75 per person (min. 2 persons, only on Sat). Advance reservation required, payable in advance.

Infos

Arrival / Parking / Departure:

- Train journey from Munich to Prien, duration approx. 1 hour. From Prien train station to the start-hotel either on foot or short bus/taxi ride.
- Parking: limited number of hotel parking spaces free of charge, no reservation possible.
- Return train/bus journey from Lake Königssee, duration approx. 2.5 hours (1x change trains).

Things to note:

- Tourist tax, if due, is not included in the price
- Special dates on request
- Public transport fares, approx. EUR 6 per person
- Further important information according to the package travel law can be found [here!](#)

Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



**Angelika Tiefenthaler, Travel
specialist**

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Book now

